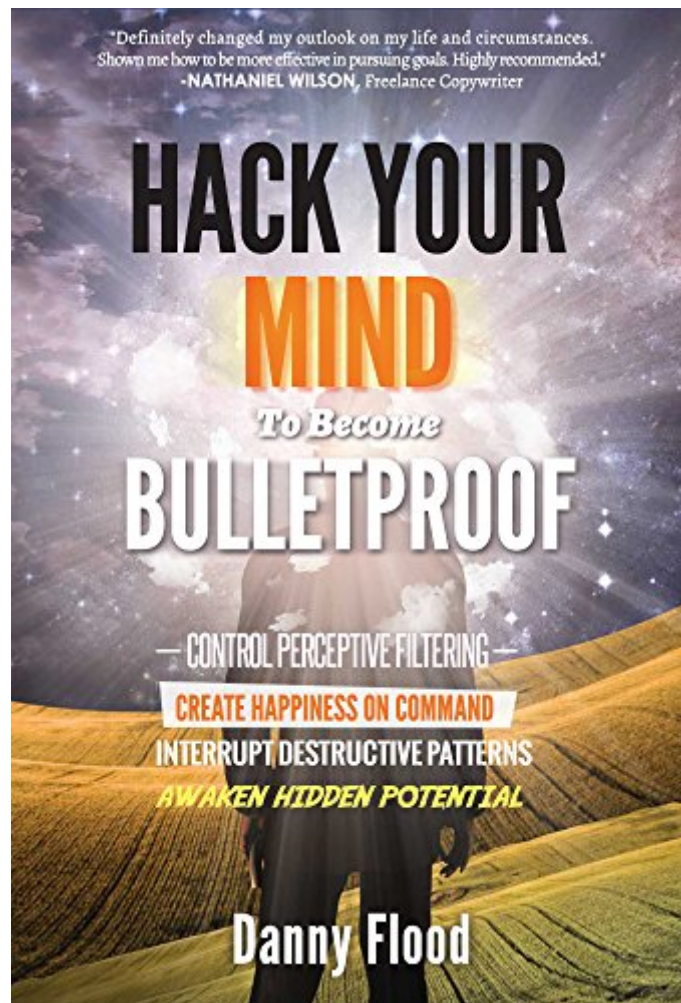# Hack Your Mind To Become Bulletproof: How To Control Perceptive Filtering, Create Happiness On Command, Interrupt Destructive Patterns, Unlock The Power ... To Create A New Future Series Book 1)

Synopsis

Thoughts are ThingsEverything that we create in our lives, in our relationships, and in business is a product of our minds. Everything made by man in the physical world first formed as a thought, the thought was acted upon, and the physical result followed.This short book is a collection of the best tried-and-true techniques that successful people use to create a mind attuned to top-achievement. I've used these techniques on a near daily practice for the last several years - Develop courage and confidence- Cultivate the power of optimism- Control the events in your life, instead of letting them control you.

Book Information

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Customer Reviews

Good reminders when you forget to manage your thoughts. Not unique but short,easy to digest and clear. Worth having handy.

I came across this book because I had read a book by the author and enjoyed it quite a bit. This book has some good info but I found it a little lacking in specific strategies and would have liked more info.

This is a great little book with very easy to do mental exercises. I think the simpler the exercise the more effective.

Dannyâ ™s guide has definitely changed my outlook on my life and circumstances. As entrepreneurs, we are dependent on ourselves (and our teams) to become successful at what we do. As a result, keeping a positive, healthy mindset is critical. This guide can help anyone to view themselves differently. I found the section about positive perception filtering the most helpful. Also, this guide has shown me how to be more effective in pursuing goals. Highly recommended.

Hack Your Mind to Become Bulletproof: How to control perceptive filtering, create happiness on command, interrupt destructive patterns, unlock the power ... to Create a New Future Series Book 1) Crochet: Easy Crochet Patterns: Crochet Patterns for Beginners (Crochet: Step by Step Crochet, Crochet Patterns, Easy Crochet Patterns, Crochet Patterns for Beginners, and Crochet Projects) Hack Proofing ColdFusion (Hack Proofing Series) Hacking: Ultimate Hacking for Beginners, How to Hack (Hacking, How to Hack, Hacking for Dummies, Computer Hacking) Hacking: How to Hack Computers, Basic Security and Penetration Testing (Hacking, How to Hack, Hacking for Dummies, Computer Hacking, penetration testing, basic security, arduino, python) Hacking: Basic Security, Penetration Testing and How to Hack (hacking, how to hack, penetration testing, basic security, arduino, python, engineering) Hacking: Wireless Hacking, How to Hack Wireless Networks, A Step-by-Step Guide for Beginners (How to Hack, Wireless Hacking, Penetration Testing, Social ... Security, Computer Hacking, Kali Linux) Wireless Hacking: How To Hack Wireless Network (How to Hack, Wireless Hacking, Penetration Testing, Social ... Security, Computer Hacking, Kali Linux) NLP: Neuro Linguistic Programming: Re-program your control over emotions and behavior, Mind Control - 3rd Edition (Hypnosis, Meditation, Zen, Self-Hypnosis, Mind Control, CBT) Crochet Mandala For Beginners Learn To Create 15 Amazing Crochet Mandala Patterns: (Crochet Mandala Patterns, Crochet for Beginners) (crochet books patterns, cute and easy crochet) Psychology: Hypnosis and Mind Control to Overcome Stress, Anxiety, Depression, & Finally Recover Your Happiness (Positive Thinking, Body Language, NLP, Mind Reading, CBT, Hypnosis Sex, Brainwashing) The Emotionally Abused Woman: Overcoming Destructive Patterns and Reclaiming Yourself (Fawcett Book) Politics and Guilt: The Destructive Power of Silence (European Horizons Series) Hacking University: Freshman Edition Essential Beginner's Guide on How to Become an Amateur Hacker (Hacking, How to Hack, Hacking for Beginners, Computer ... (Hacking Freedom and Data Driven Book 1) Jewish as a Second Language: How to Worry, How to Interrupt, How to

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